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Because of you, she dared to dream life  
could be different.

Symone's mother was addicted to crack and her father was serving serious time in prison. She was raised by her grandmother, until her grandmother passed away unexpectedly. Wracked with unresolved grief, Symone turned to the only respite she knew: drugs.

She ran away from home at 15, and was picked up by a pimp and trafficked. Symone was forced to sleep with adult men to meet her \$1,000 quota every night. When she didn't meet her quota, she was beaten or subjected to drug withdrawal. **Once, as a punishment, her trafficker branded her with his name across her chest. She was alone and scared, with no one to depend on but the trafficker that she believed loved her.** This went on for over a year.

When social services became aware of Symone's plight, they connected her with Safe Harbor and we placed her in a secure treatment facility for youth. We had high hopes, because Symone was so smart; despite all she had endured, she was able to graduate and get accepted into college. However, life outside of treatment overwhelmed her. She began using again, running away, and reengaging in sex with adult men. Symone was ultimately arrested and placed back into residential treatment out of state.

Safe Harbor continued to encourage her from afar. Symone finished treatment and entered an independent living program. Today, she is living the future she'd dreamed: attending a 4-year college majoring in criminal justice, working as a store manager, and living with her dog.

Thanks to you, a young survivor of human trafficking has begun  
to build a life that's all her own.

Timing is everything.  
WILL YOU GIVE TODAY?

For survivors of human trafficking, or sexual or domestic violence, everything hinges on a moment. The moment they just can't take it anymore. The moment they summon the courage to leave.

Safe Harbor strives to reach them *in that moment*. One day later may be too late. We can't do it without you! Your support allows us to say *YES* to more survivors: *YES*, we can help you now. *YES*, we have a safe place for you. *YES*, you can start your new life today.

*Will you say yes too?* Please donate at [safeharborshelter.com](http://safeharborshelter.com) or by scanning this QR code.



Empowering survivors  
to write new stories



Impact Report July 1, 2022-June 30, 2023

Safe Harbor provides the support that survivors of sexual and domestic violence and human trafficking need to overcome their crisis and to transform their lives.



# Dear Friends,

Survivors’ stories are rarely simple. They don’t always have neat, happy endings. And even when Safe Harbor empowers a survivor to successfully rebuild their life, we’re constantly asking ourselves: “Could we have done more? Would their outcome have been better if we reached this person sooner?”

In 2023, Safe Harbor served more clients than ever before — and at the same time, saw our waitlist grow longer than ever before. While we celebrate our many successes, we recognize that there is no end to the number of people who need help. For many survivors of sexual and domestic violence and human trafficking, Safe Harbor is their only champion.

We’re grateful for the work of Safe Harbor’s staff, who have shown resilience and unfailing compassion during a challenging year. And we’re grateful for our donors, whose loyalty and generosity this year enabled us to serve **a record 1,502 clients** through our shelter, counseling, case management, court advocacy and hospital accompaniment programs. It was a treat to see so many of you at September’s Walk to End It!

Thank you for standing with us in 2023. Thank you for standing with survivors.

Cathy Easter, Executive Director



## Domestic & Sexual Violence Safe House Program

83 clients (44 adults, 39 children)

100% of shelter clients who resided 14 days or more exited to a safe living situation — one free of violence, where they are not living with their abuser.

## Counseling

464 clients (379 adults, 85 youth)

75% of adult counseling clients reported significant improvements in their ability to face adversity

Being able to face adversity is another way to describe resiliency: a survivor’s ability to handle whatever challenges may come their way in the future. Higher resilience levels also help to ward off depression and anxiety and contribute to overall health. An increase in a survivor’s ability to face adversity signifies a transition from merely surviving to thriving and the possibility of building a healthier future.

75% of youth counseling clients reported being better at expressing their feelings after counseling

The ability to identify and express one’s emotions is especially important for children who have experienced trauma. Children who bottle up their emotions can’t process what they have experienced. They often display behavioral issues such as angry outbursts or acting out. When youth counseling clients learn to express their feelings, that indicates internal healing and improved resiliency.

## Human Trafficking Program

70 human trafficking survivors (37 adult sex trafficking, seven adult labor trafficking, 22 minor sex trafficking and four minor labor trafficking) were provided with therapeutic and addiction counseling, case management, life skills and/or shelter. They were able to heal and rebuild their lives — lives free from violence and abuse, lives full of hope.

- 100% of survivors who resided 30+ days in our shelter maintained sobriety.
- 100% of survivors who resided 180+ days in our shelter left with access to medical care.
- 100% of survivors, regardless of stay length, left with a safety plan in place.



### Because of you, she found the strength to survive.

As a struggling single mother, Audrey was thrilled to meet a man who wanted to take care of her. He seemed so attentive and responsible. He even wanted Audrey to be a stay-at-home mom so that he could provide for her and her children.

Soon after they moved in together, things started to take a turn. Audrey couldn’t leave the house without her husband. He expected Audrey to be sexually available to him whenever he pleased and reacted violently when she refused. He told her she owed him for his financial support and that she would be nothing without him. Once he attacked Audrey, breaking her nose and choking her until she passed out. When the police came, he locked her in the house and convinced them that it was a false alarm.

After almost ten years of marriage, Audrey had had enough. She filed for separation. **When her husband found out, he smothered her with a pillow until she could barely breathe. He broke her wrist and he broke her phone. He pointed a gun at her and threatened to kill her.** As terrified as she was, Audrey found the courage to leave. She packed up her things and her kids and moved into a hotel. When she ran out of money, she and her children were forced to sleep outside of the hotel for several days.

Thanks to you, Safe Harbor was able to provide Audrey and her children with shelter and counseling and ultimately secure an emergency housing voucher so that Audrey could move into her own place with her children and feel safe at last.

## Summary Statement of Revenue & Expenses FY23

