



Website: www.SafeHarborShelter.com
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Twitter: [@HealthyLoveRVA](https://twitter.com/HealthyLoveRVA)
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PO Box 17996
Richmond, VA 23226
804-249-9470 (office)
804-287-7877 (24-hour helpline)

Annual Report 2012-2013



Couples featured in our Second Annual Hot Healthy Love Campaign celebrating healthy relationships!

Our Mission: Safe Harbor empowers survivors of sexual and domestic violence to transform their lives, and promotes healthy relationships for all.

Our Vision: All individuals are healthy, respected, and secure in their relationships, communities, and cultures... now, and for generations to come .



Catherine Crooks Hill



Kathleen Demro

Thank you for supporting Safe Harbor!

Each day, we are reminded why Safe Harbor is important to our community. We support friends, neighbors, co-workers and other community members as they try to manage violence and abuse experienced in spaces that should be safe by people they trust. On the hotline, in the emergency and transitional homes, in the hospital, in our counseling spaces and in the courthouse, we provide support and guidance to brave survivors seeking help.

Each day, we are reminded that collaboration makes this work possible. We must partner with the survivors we serve and the systems that provide support in order to be effective advocates and the best stewards possible of the resources you entrust to us.

In 2012-2013, you allowed us to serve nearly 1,110 survivors of sexual and domestic violence and reach over 3,800 persons through our 24-hour hotline. Safe Harbor provided training to over 8,500 community members on the issues of sexual and domestic violence and the services we provide. Over 20,000 persons visited our agency website and even more engaged through social media and the agency's earned media presence. While these numbers are staggering, there is more work to be done. Your support is essential.

Thank you for partnering with us. We are grateful for your investment in our mission.

Sincerely,

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Kathleen Demro, Executive Director

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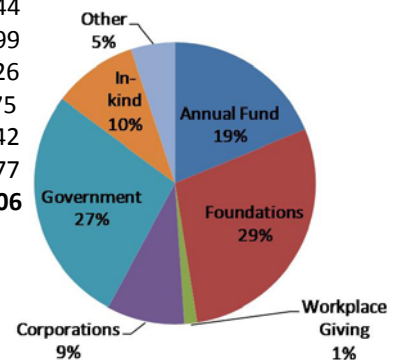
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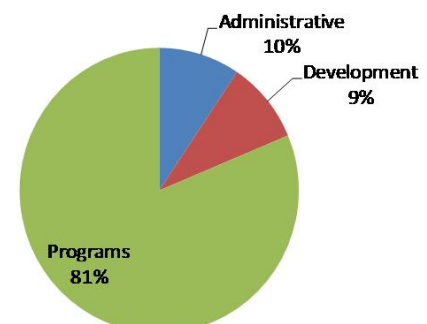
FY13 INCOME

Annual Fund	\$163,643
Foundations	250,744
Workplace Giving	12,899
Corporations	77,926
Government	238,575
In-kind	84,942
Other	44,277
Total	\$873,006



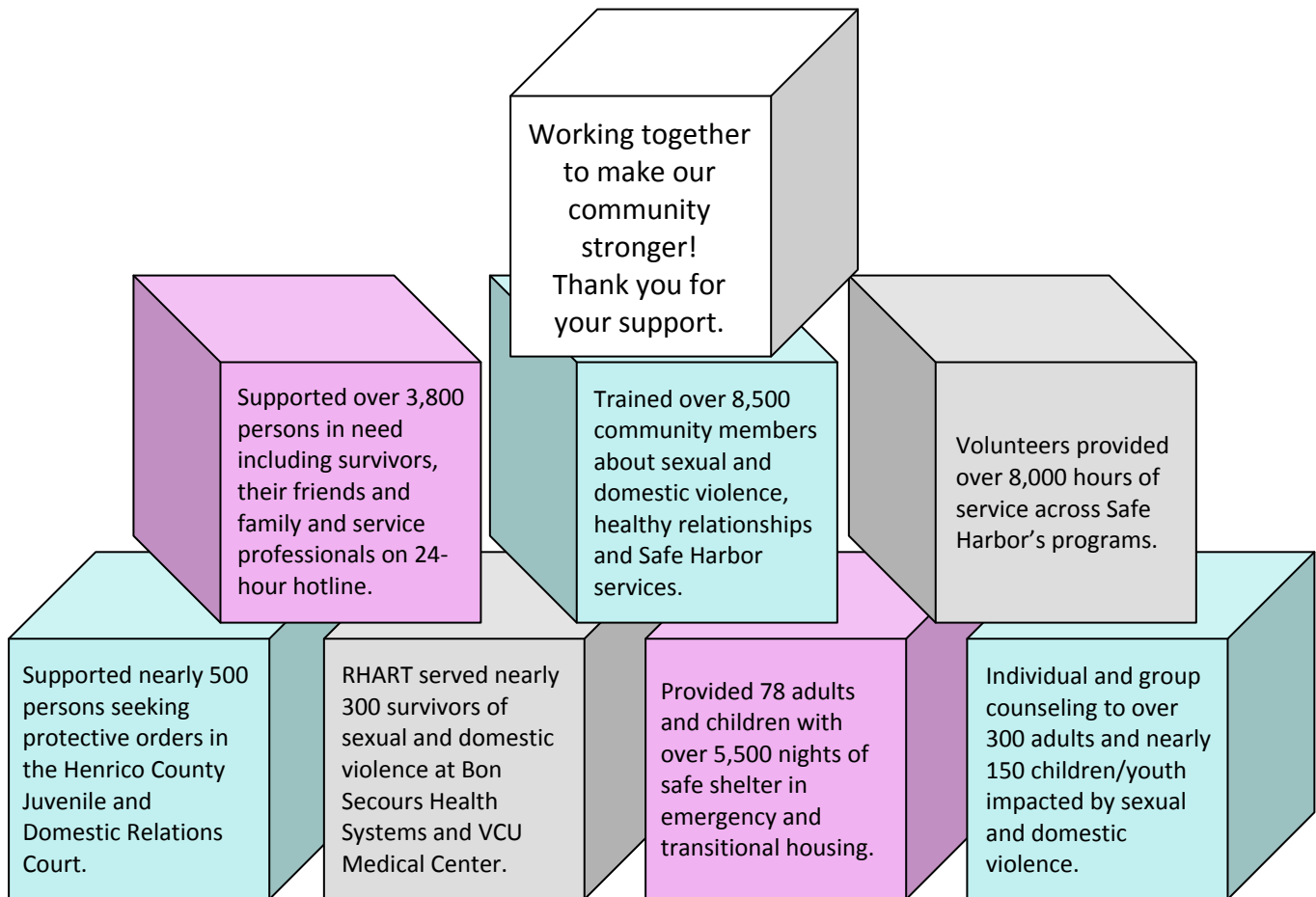
FY13 EXPENSES

Programs	\$633,475
(includes in-kind)	
Administrative	73,318
Development	72,395
Total	\$779,188



Together, we are stronger:

collaborating to support survivors and strengthen our community's response to sexual and domestic violence.



Hope House, a transitional home, opened in November 2012 thanks to our partnership with Lakeside United Methodist Church providing safe and stabilizing housing for survivors of sexual and domestic violence.

col·lab·o·rate (verb)

to work with another person or group in order to achieve or do something



RHART advocates promote hope and healing. Since this first of its kind collaboration started, 1,200 survivors have been served through the combined efforts of Safe Harbor, Hanover Safe Place and the YWCA of Richmond.

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Church Women United, Richmond
Commonwealth Woman's Club
Deep Run High School
Delicados, Inc.
Dover Baptist Association
Epiphany Women of ELCA
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Network of Enterprising Women
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Unitarian Universalist Community
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Unity Christ Church of Bon Air
Virginia Non-Profit Housing Coalition
Virginia Sexual and Domestic
 Violence Action Alliance

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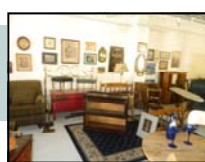
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Donor Spotlight



Safe Harbor was selected as one of the charity recipients for the 2013 Deep Run Marathon Dance. This youth-led initiative has raised over \$1 million since the event began in 2007. As the amount of funds raised and the picture above demonstrates, there is strong support within the student body and community for this event.

Safe Harbor received a \$13,000 grant to support our services assisting those impacted by sexual and domestic violence. We were honored to have been selected and to see these dynamic youth in action!

Our donor list is for gifts received from July 1, 2012 through June 30, 2013. Every effort has been made to ensure the accuracy of this list. Please contact the Development Office at (804) 249-9470 x17 with any changes or corrections. Thank you so much for your support.



How We Help

Safe Harbor is a resource center for those impacted by sexual and domestic violence.

We collaborate with survivors to provide support, education and referral information to help survivors meet their goals.

A variety of supportive services are available, including:

•**Safe Houses:** Emergency and transitional housing for adults and children experiencing sexual and domestic violence. In our houses, survivors can access counseling, safety planning, critical care coordination and community resources. These homes offer a supportive, community living environment focused on healing.

•**24-hour Helpline:** Support and resource information for those impacted by sexual and domestic violence.

•**Hospital Accompaniment (RHART – Regional Hospital Accompaniment Response Team):** Trained volunteers respond to area hospital emergency rooms to provide advocacy and support to individuals who have experienced sexual and domestic violence. Volunteers respond to hospital accompaniment requests 24/7 and connect survivors with community resources and follow-up services.

•**Counseling:** Individual and group support for those who have experienced sexual and domestic violence. Our trauma-informed and client centered approach to counseling promotes healing and growth after surviving violence.

•**Child Trauma Intervention Program:** Developmentally appropriate counseling services to children and youth exposed to sexual or domestic violence. Counselors employ trauma-informed approaches to deliver counseling that helps build resiliency and healing. Counselors also work with the caregivers, providing education and parenting support.

•**Court Advocacy:** Assistance to survivors seeking protective orders. Survivors are offered support throughout their court experience including crisis intervention, information about community resources, safety planning and follow-up advocacy.

•**Community Training:** Presentations and trainings are available to increase the community's knowledge and understanding about sexual and domestic violence, the services provided by Safe Harbor and how each individual has a part to play in creating healthier relationships and communities.



Safe Harbor Staff

Jessica Bell	Cheryl Hunt
Angela Bridgeforth	Jodi Leonard
Kathleen Demro	Paz Ochs
Vanessa Durrant	Susan Thweatt
Rosie Flax	Stacie Vecchiatti
Carolyn Foster	Angela Verdery

Beacon of Hope

Each year Safe Harbor honors an individual or organization in the Henrico community that has been instrumental in empowering survivors of sexual and domestic violence and/or promoting healthy relationships for all.



In 2012, Susan Thweatt was honored for her extensive efforts beautifying Safe Harbor's safe houses and supporting residents in these homes.

Previous honorees are:

2007 – Dr. Joe Niamtu

2008 – Bon Secours Richmond Health Systems

2009 – Sheryl Robins Nolt

2010 – Deb Downing

2011 – Lora M. Robins